



ST NEOTS TIMEBANK

NEWSLETTER June 2022

St Neots TimeBank

will be closing on June 30th 2022

I have advertised several times for a replacement with no response.

After 10 years and 2 months of successfully helping residents of St Neots to live better lives - knowing help was available for them at the end of a phone. It's very emotional and a sad day! We've had 221 members ready and willing to offer help... being a phone friend to Gardening and more. We've achieved success and recognition at the top.

As founder and coordinator, I have so many happy memories and have made many more friends. It's been so heartwarming and pleasing to know that by contacting 07590909057 it has ended the loneliness and frustration of so many. It has given me a great deal of pleasure helped by so many of you. What we have achieved has at times thought to be impossible – but our members have gone the extra mile and achieved the help needed. It has shown me that the trauma and distress that people can suffer can so easily be changed by simply helping each other. All it takes is a leader to link the helper to the needy. Throughout Covid we continued making lives less stressful – being a phone friend, getting shopping and prescriptions – just hearing a friend's voice can make so much difference to a lonely person. Its success has been my reward.

Several things will happen over the next 3 weeks, for you as a member:-



Tempo credits need to be registered to their online Account **before our closing date** or hours will no longer be classed as having worked voluntarily for an

organisation. All paper vouchers need to be returned to Tempo as they are no longer valid, that's as from now. If you have hours that you wish to convert to an online Account please let me know asap before it's too late. Use them to visit – One Leisure or Wyboston Lakes and many other venues across England and Wales. Since Covid many more new and old partners are signing up to offer this discount. So, regularly check out their web site www.wearitempo.org.uk.



Easy-fundraising will be notified and no longer exist for St Neots TimeBank as from now. I would like at this point to thank all those that have donated through their purchases.

All together you raised £467.14.

I would personally like to thank all of our members, who made the TimeBank what it is today. Without them it would not have worked I was here just to link you to the people in need and of course before Covid, organising events etc.

I want to also thank my Advisory Team who helped me over the later years - the main power for running our varied events. Extremely sad but all good things come to end at some point and TimeBanking was good.

Continuing beyond close down :

OUR JIGSAW LIBRARY remains at the moment – with no set date to end. Call 07590 909057 to arrange to join. Borrow a Jigsaw, many to choose from..



Paper Time Credits end March 31st 2022

Convert yours to digital today.

DON'T FORGET: SEND YOUR PAPER TIME CREDITS IN

Paper Time Credits need to be converted to your digital account by **31st March 2022**. Send your Time Credits to **FREEPOST TEMPO TIME CREDITS** with your **TEMPO ID** and a member of our support team will apply them to your account.

[LEARN MORE](#)

Looking for the perfect activity with your children? How about taking them to Leo's Fun Zone Softplay in Huntingdon? Only 1 Time Credit per person and you can access it any time during opening hours!

To book, go to :<https://tempotimecredits.org/activity/462>

Your hours earned could disappear if not reclaimed with **Tempo Vouchers online**. TimeBank can exchange 10 hours online now and 10 before closing otherwise they are lost for good. Tempo are a standalone company that helps voluntary organisations – so their rules are our rules which limits the number of hours that can be exchanged. Check out the places available for you to visit - FREE
Just a few of the services and activities to visit ---



Email: hello@wearetempo.org or Call: [029 2056 6132](tel:02920566132)

Memorises of the joy and fun we all had St Neots TimeBank was a safety net for all it's members and throughout Covid for all the residents of St Neots.

220

Total members



12531

Total hours exchanged



25

Total Organisations



TimeBanking is for all ages



Garden Bonanza



Easter Bonnet Competition

Other organisations that offer help in one way or another.

BUILD YOUR CONFIDENCE WITH ILLUMINATE

Sessions are FREE to those not in work. We are now opening up some places on sessions to those who are employed, in return for a suggested donation of £5 per session.

[Donations can be made via any page on our website.](#)

To explain a little more about how we run our sessions we have a short video https://www.youtube.com/watch?v=Fbrcut9xp_4&t=2s

This can be helpful to pass onto someone you may be supporting, to provide reassurance of how we operate. If you have any queries, please do get in touch.

.....

[Cambridgeshire County Council](#) have set up a Coordination Hub which is working to ensure the most vulnerable residents receive the support they need. People or groups who want to offer to volunteer to support this initiative should complete the online form

at www.cambridgeshire.gov.uk/coordinationhub

[St Neots Community Support](#) – An active support group has been established in St Neots to provide help and assistance to the elderly and most vulnerable by supporting those in need with essential supplies from groceries and prescription collections to just being a friendly person to speak to on the phone during this time. To find out more about seeking support through this group or getting involved as a local volunteer visit the [Facebook page](#) or call 0333 335 5344. Phones are manned between 9am and 5pm, 7 days a week. You can also email them at sncsassist@gmail.com

[Loves Farm Community Support](#) – providing a shopping service for Love's Farm residents who are unable to get support elsewhere. Requests via help@ourlovesfarm.co.uk or 01480 589059.

St Neots Volunteer Centre

At St Neots Volunteer Centre, we run a community car scheme and the NATTER Group (an afternoon tea group aimed at socially isolated people). The NATTER Group is £3 and includes lunch. *Times and hours: Mon-Thurs 10am-12pm*

Plus the Community Car Scheme which is for people who are unable to access public transport or have mobility problems. The Scheme works by volunteer drivers who use their own cars to collect the clients and drop them off at their destination. We prioritize medical journeys. The car scheme is 40 pence a mile plus £1 booking fee.

Useful links

www.huntsvc.org.uk www.facebook.com/huntingdonshirevolunteercentre

www.twitter.com/HuntingdonVc

01480 476047 email: stneots@huntsvc.org.uk

Venue / location: St Neots Volunteer Centre, South Street Community Building, 6a South Street, St Neots, PE19 2BW



I can still be reached on 07590909057 and for some time after.

Over the years we have raised funds ourselves and financially helped by Places for people and others, the latest has been HDC who are keen to help us help others, helping us to continue the success that we have achieved so far. We particularly couldn't have helped physically and financially with referrals, non-members as well as our own members, as we have done throughout the Pandemic with the help and finance from HDC

email: time.volunteers@outlook.com

Website: www.stneotstimebank.org.uk

<https://www.facebook.com/timebankstneots>



St Neots
COMMUNITY & BUSINESS
AWARDS 2015

St Neots TimeBank has been run completely by

Volunteer Members – giving our time freely. We raised our own funds from events etc and applied for funding from various providers for the bigger things, such as Insurance. Donated

funds are also available to help people who are suffering the effects of Covid19.



ST NEOTS TIMEBANK'S PHOTO GALLERY



Lastly I would like to personal thank all our members for their achievement volunteering collectively for 12,531 hours.

You should all feel very proud of yourselves for just caring for others.

